

HARASSMENT  
AND  
BULLYING

# Harassment

- **Is unwanted or unwelcome behavior of any nature which interferes with a person's ability to learn or work in a comfortable or supportive atmosphere.**

# Types of Harassment

- Physical – physical harm or destroying property.
- Verbal – name-calling, teasing, phone calls
- Social/Emotional – rumors, blackmailing, racial/cultural slurs
- Sexual – comments, gestures, unwanted physical contact of sexual nature.
- Written – threatening note, email, graffiti and text messages.

# What is a Threat?

- An expression of intent to do harm against someone or something.
- Types:  
Spoken, Written, Symbolic (hand motion for gun)

## Why?

Warning signal, demand for attention, taunt others, to intimidate, to punish, to frighten, etc

# **Characteristics of Bullies**

- **Aggressive Behavior patterns**
- **Desire to dominate peers**
- **Need to feel in control**
- **No sense of remorse for hurting someone**
- **Refusal to accept responsibility for their behavior**
- **Defiant towards adults/authority**

# Characteristics of Victims

- Often sensitive and quiet
- May feel lonely or abandoned at school
- May have difficulty asserting themselves
- May be physically weaker than others
- May be different in some way